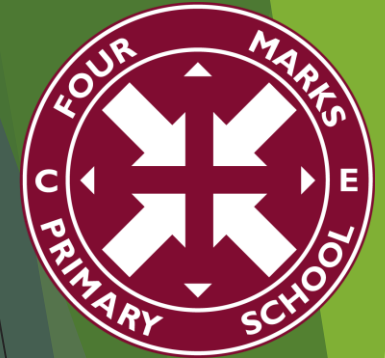


Getting Ready for School



Four Marks Primary School

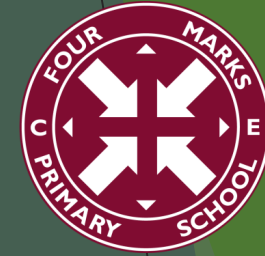
Independence

- ▶ Saying goodbye routine

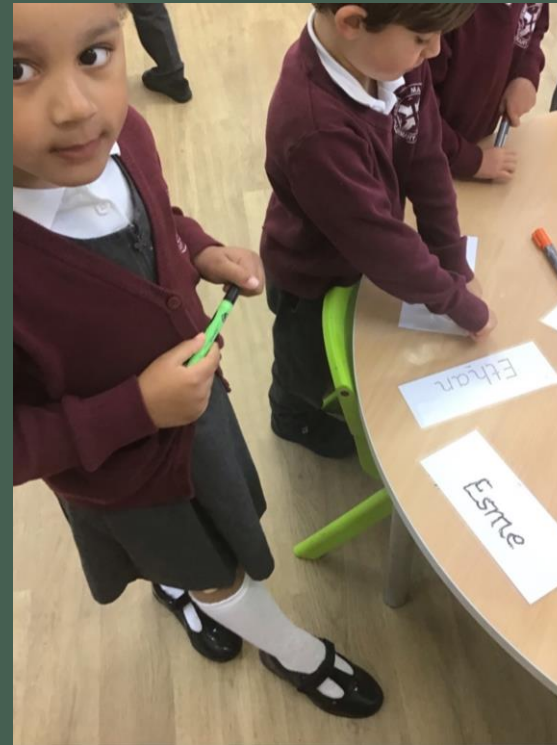
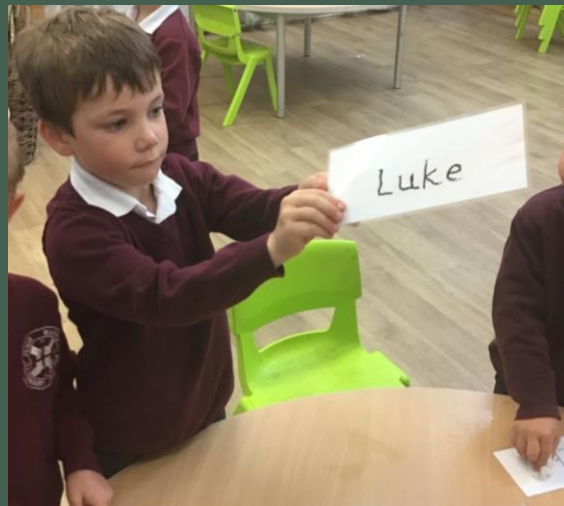


Where possible, encourage children to develop a secure and consistent routine at drop off time, supporting them to go into school as independently as possible.

Independence



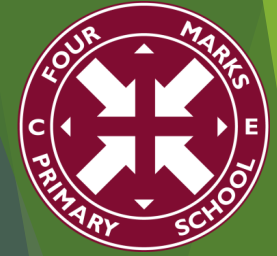
► Recognising your name



If children can begin to recognise their own first name, this will allow them to more easily identify their own peg, jumper, book bag etc.

Independence

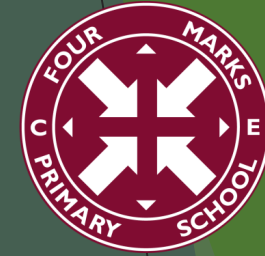
► Learning your colours



Recognising the main colours and naming them will allow children to more independently select materials and resources they need to create and draw.

Independence

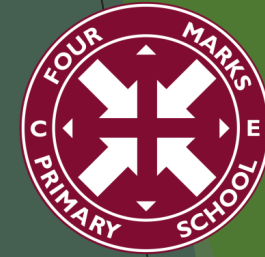
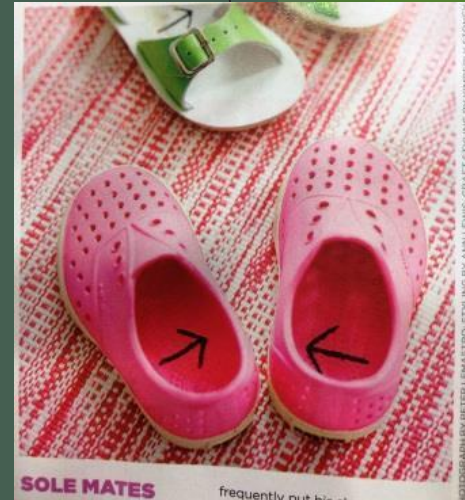
► Going to the toilet



Ideally, children should be able to recognise when they need the toilet, wipe themselves, flush and wash their hands properly. If they have an accident, they need to be able to tell an adult.

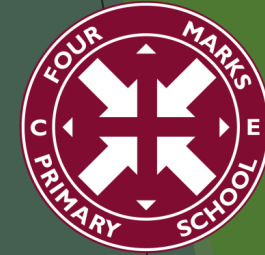
Independence

► Shoes

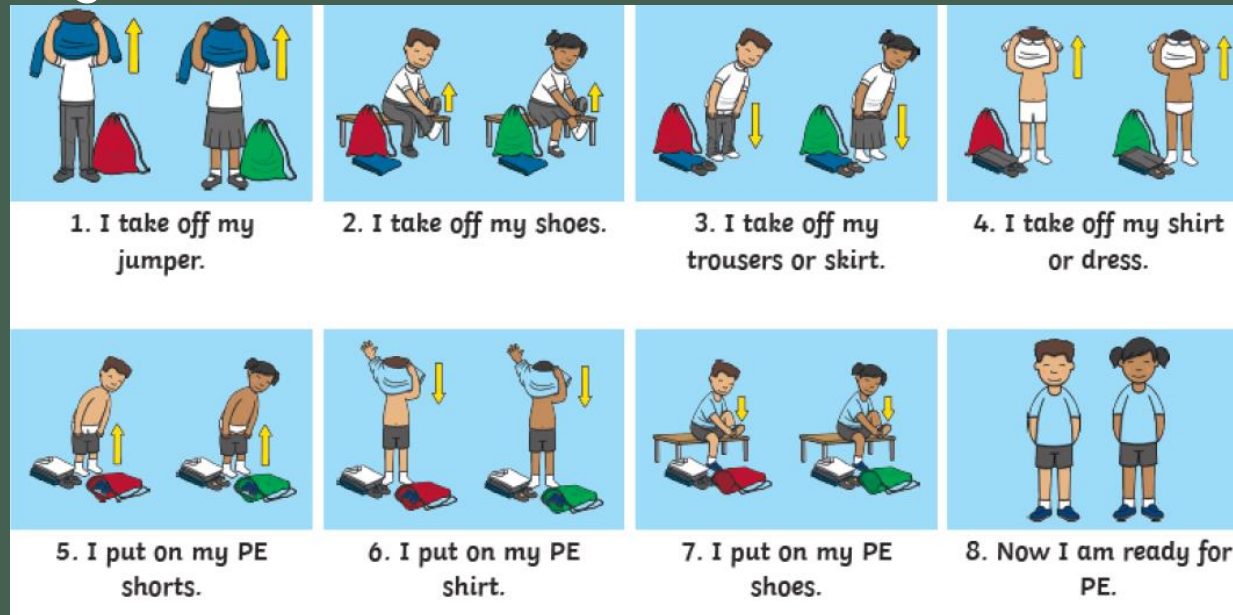


Children should be able to take off and put on their shoes with minimal support. Stickers and arrows written inside can help children to ensure they get shoes onto the correct foot. Shoes without laces enable children to be more independent in reception.

Independence



► Getting changed for P.E.



We will support children where it is needed, but encourage them to be as independent as possible getting themselves changed and unchanged. This also includes supporting them to keep their clothes tidy so that they do not get muddled with another child's.

Independence



► Getting coats on and off

The Flip and Zip



Tag to the toes, hands in the holes, and over it goes!

Preschool Inspirations

The Hood Trick



Preschool Inspirations

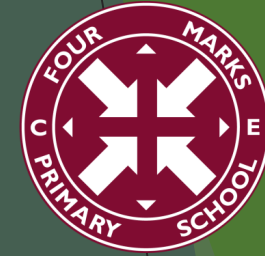
The Chair Trick



Preschool Inspirations



Independence

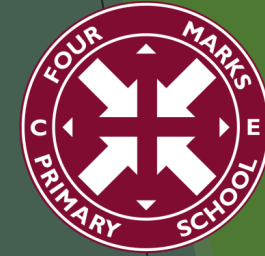


- ▶ Looking after my own jumper



Children should be encouraged to recognise their own name sticker/stamp so that they can find their jumper. They will be encouraged at school to ensure it is put in the jumper dumper if they want to take it off so that it doesn't get lost.

Independence

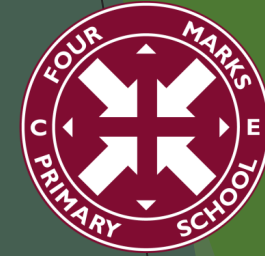


► Snack time



Encourage children to peel oranges, bananas and open small packets as they will be doing this at school.

Independence



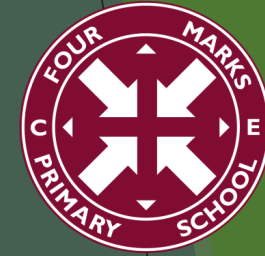
► Drinking Water



Encourage children to recognise their own water bottle (please name these) and to take a drink when they are thirsty. Bottles that children can easily undo are ideal in reception.

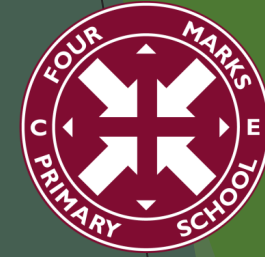
Independence

► Eating Lunch



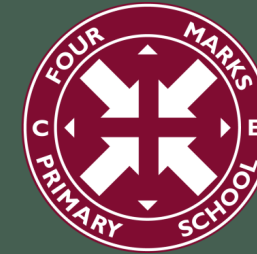
Support children to use a knife and fork, and to cut up their food (there will be older children acting as table hosts to support them with this).

Socially Ready?



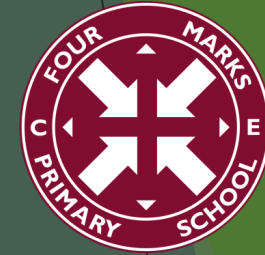
A socially ready child will be confident to play with other children and build relationships with people outside of their family. You can support them by arranging play dates over the summer with children who will be in their school class.

Physically Ready?



You can support your child's physical development by encouraging them to build their gross motor (climbing, running, jumping) and fine motor (pencil control, threading, lego) skills.

Language Ready?



You can support your child's early language development by talking with them, explaining and using new vocabulary, exploring a range of exciting books, singing songs and nursery rhymes and encouraging them to talk in full sentences.